/136 cont./

142 The tribe at Gam in particular consists almost exclusively of comparatively large people who, even after a thorough washing, display a decidedly darker coloration than the other Auin.

162 According to my observations, there is something like one to two women for each man, and from two to three children for each woman.

162 847 [862] In this connection I would like to mention that newborn children are always killed if the mother is still nursing a child, which continues until about the third year of life. The killing is done immediately after birth by the mother, who buries the newborn child alive. The father has nothing to do with it. Since marital [853] intercourse continues during the nursing period and since this period lasts for about three years, it follows that approximately every third child is reared while those born in the meantime are killed without exception. This might well be a principal factor in the unquestionable decline in the population.

592 595 Since each woman has her special windscreen (hut), the man lives alternately with one and then another of his wives; the latter in turn have their children living with them, and it therefore follows that about three to four persons occupy each hut.

221 361 The size of the settlements (villages) is quite indefinite and changes according to the circumstances. During the dry season a settlement is formed usually by one to two families, whereas during the period of ample veld food, in other words, toward the end and shortly after /137/ [map appears here] /138/ the rainy season, sometimes up to 30 families join together to form a "village." In April, 1908, about 400 men were living in a settlement near Sidonitzaub. If their dependents are included, one will arrive at a figure of at least 1,000 persons.

[701] All the men are armed warriors.

161 As has already been noted, one can clearly observe a decrease in the population, which, judging by its rapid progress, can be designated as swiftly approaching extinction. Aside from infanti- [136] cide and malaria, the decrease of wild game may also be given as a reason for the population decline, since this decrease makes food more difficult to obtain. Older Auin state that in former times attacks by lions caused heavy losses.

[Text continues on page 7]

9: Thomas T-5 (1951-1955)1959
FX10 Bushmen FX10
Kung

to go, he began to cry, saying: "Father, Father," and when 855
Lazy Kwi hesitated a moment, then said he was going any- 593
way, the little boy picked up a handful of stones and threw one at him. This amused Lazy Kwi's wife, who smiled and tried halfheartedly to take the stones away, but it angered [861]
Lazy Kwi, who caught his son by the arm and boxed his ears. That made the little boy so furious that he had a tantrum; he screamed and cried and arched his back to draw away from his mother, who tried to pick him up, both mother and child doing exactly what they had done when the little boy was a baby and no doubt had been doing ever since. His mother al- [862]
ways did have a terrible time managing him, and he was still nursing although he was now five or six years old. Before his father left, his mother had managed to mollify him somewhat, and she sat on the ground, letting him sit on her leg to nurse. He drank from one breast and held the other in his hand as he glared over his mother's shoulder at his father, who was already in the jeep.

We drove all afternoon, going fast because the ground was 133
hard and not too bumpy, and the plains of Nyae Nyae seemed even longer, even wider than the plains of Ai a ha'o, being more slanted. We saw the Aha Mountains, a series of large rock outcrops quite separate from each other, blunt-ended like drumlins, which the Bushmen call "The Knife's Back." They appeared on the horizon shortly after we left Nama, distant and blue over the yellow veld, so surprising to see in that flat country that we stopped to look at them. They seemed so misty and far, so infinitely alluring, that we longed to go there. When we drove on, they stayed as relatively fixed as the moon would, which showed how far away they were. Lazy Kwi said that once on a clear day he had seen them from the top of the Gautscha baobab.

We reached the waterhole at the end of the afternoon, a

9: Thomas T-5 (1951-1955)1959
FX10 Bushmen FX10
Kung

sibly as the result of a very prevalent eye disease. He had been 163
blind when we knew him as a baby; now his infected eye had 164
shrunk away, leaving a socket. As I watched him, I noticed that his good eye had become infected too and bothered him; he had developed a habit of turning his head from side to side, squinting with his good eye, trying to see depth or judge distance, and also a habit of rubbing both eyes with his knuckles. When Dikai saw me watching him she pointed to her own eyes, then to Dabe's, to show that she and Dabe, too, had the infection, and when I said that I would give her medicine when we got back to Nama she nodded. "I was waiting for you to come," she said.

Hearing me speak of medicine, Little Gashe glared at me 164
balefully. I had treated his eyes before and perhaps he remembered that the medicine was painful, or perhaps he was afraid that I would harm his eyes. He scrambled into his mother's lap to nurse and, facing toward her for safety, glared at me over her shoulder. Little Dabe, seeing this, climbed into Dikai's lap too and she had to nurse them both, one on [842] ●
each knee, at each breast. Her lap became a battlefield. They kicked and pushed and got in each other's way.

Dikai and her two boys were only half of Gao Feet's fam- 595
ily, for he had another wife, his first wife, who had a daughter and a grandchild. We were not surprised that these people were not with Gao Feet; his two wives did not get along well. Since Dikai was young and pretty, Gao Feet spent his time with her. We asked Gao Feet where his first wife was, and he told us that she was living with her daughter's family and with Dikai's mother in a dry forest not far away where tsi was growing. We asked for other people, the other members of 621
Toma's large band, and Toma told us that they were well, living far away in a mangetti forest. Naturally, Toma's family had not seen this group for some time because of the dis-

9: Thomas T-5 (1951-1955)1959
FX10 Bushmen FX10
Kung

and again Tu slapped it away. This time Norna began to cry, lonely and forlorn in front of all the people, turned on by her mother, and she looked very small and defenseless and bereft; she cried sadly, not angrily, big tears running down her face, her fist in her mouth, looking up at her mother with enormous eyes. This was Tu's chance. She snatched up Norna and carried her back to the werf.

It was a terrible incident for everyone. That evening Tu still felt her shame and when I went to the werf to visit for a moment she took the occasion to fix me with her eyes all the way across the werf and tell me loudly that in the morning I would have to help her clear grass for another werf, for she was not going to "live among these people any more." Tu's mother, a shameless old woman, came up to me to tell me a joke and Tu smoldered.

Not only the adults felt a sense of tension. That evening Dikai, looking rather worn and tired, was sitting by her fire rubbing her shoulders, which usually ached, she said, when her two sons, also tired, threw themselves down each on one side of her and began to nurse, each leaning heavily against her, each at a breast. Perhaps because she was tired or perhaps because she had been about to put some tsi nuts in her fire but now could not because her sons were in the way, she looked down at them and mildly suggested to Little Gashe that perhaps he could bring himself to stop nursing altogether, being old enough now. Little Gashe did not take this kindly at all. He looked up at her, then took his mouth from her nipple and cursed her with a formal, deadly curse. "May the spirit of Nisa, who is dead," he said, "take you by the throat and choke you." He then took the nipple back in his mouth and sucked on, thoughtfully.

I could hardly believe my ears. Children are expected not to curse their parents, but, worst of all, Little Gashe had in-

15: Marshall E-5 (1951-1961) 1965
FX10 Bushmen FX10
!Kung

to do so. Lack of privacy makes it almost impossible to keep an affair secret, and violent jealousy and anger can be aroused. Fearing any disruptive force, the !Kung disapprove.

LIFE CYCLE

CHILD TRAINING • !Kung parents are gentle, protective, and permissive with all their children and express their affection especially with babies. It is a most common sight to see fathers fondly kissing them with pursed lips and smacks. The mother, wherever she goes, carries her infant tied to her left side, skin to skin, in a little leather sling where it can reach her breast. When she sits, she takes the infant out of its sling, holds it, lets it nurse the other breast.

The !Kung believe that long nursing is essential to the survival and development of their children and encourage them to continue until they are three or four or older. These people practice infanticide and, in explaining it, say that they must space their babies so that each will be able to nurse long enough to ensure his having strong legs. An infant cannot thrive on their harsh foods, they say, even though they chew the food and put it into the infants' mouths, and the mother cannot support two entirely with her milk, excellent though !Kung lactation appears to be. They supplement the milk with adult food as soon as the child can eat it, so that a child is accustomed to it and ready to be weaned at three or four when the next baby comes. But, even so, the mother weans gradually, letting the older child have a drink of milk occasionally through the day. If the mother does not have or keep another baby but still has milk, she will allow or encourage her child to continue nursing. Other children tend to make fun of a child who nurses until he is six or so, and, in response to their teasing, a child may wean himself quite abruptly.

Babies are naked and, since there are no floors but the desert sand, not much is made of their urinating wherever they are. When they defecate, they are wiped with grass and the fecal matter is cleaned up at once by some older child or adult and carried off. As soon as children can walk fairly well they are led by the hand and encouraged to go out of the werf for their toilet needs, at first for the sake of cleanliness and, as they grow older, for the sake of modesty as well. (!Kung adults are exceedingly modest about uncovering their genitalia. Their incest taboo influences this behavior, I think, very strongly.)

Infants sleep in their mothers' arms. Young children sleep wrapped in karosses beside their parents' fire. Boys from the age of about eleven or twelve sleep at a boys' fire, not far from the family of one of them. Girls at that age go to sleep with a grandmother or some widow, or several of them

2: Schapera E-4, 5 (no date) 1930
FX13 Hottentot
Bushmen FX 10

also have a larger apron behind, sometimes hanging from the shoulders, more often tied round the waist, and almost meeting over or under the apron in front. In the north-east a leather loin-cloth drawn through a belt in the same way as that of the men, only somewhat longer, is often seen instead. A large kaross is also worn by the married women. This hangs from the right shoulder, passing under the left arm, and is tied again at the waist; it thus forms a convenient pouch, in which are carried the baby as well as supplies for the day, such as ostrich eggshells filled with water, edible roots and fruit, grass or firewood.

Babies go naked, save for a trifling ornament, till they are about a year old. The boys are then given a tiny belt with a semi-circular flap of leather in front, the girls a small apron decorated with leather tassels and beads. Their mother's kaross, however, continues to be their sole protection from the cold till they are weaned, when about three or four years old. The little girls then receive a tiny kaross hanging from the shoulders, the boys a small loin-cloth similar to that of the men. They do not wear a cloak of any kind till they are in their teens and are taken out to learn hunting.

All women and children and the younger men also wear ornaments. Chief among these are ostrich egg-shell beads, the making of which is one of the oldest Bushmen industries. Such beads, whole and in fragments, and at all stages of making, are found all over South Africa, from the kitchen-middens on the south coast as far north as the Okavango, where they form a standard article of barter between the Bushmen and their Bantu neighbours. They are made by the women. The eggshell is broken into small pieces which are softened in water and pierced with a small stone or iron borer. They are then threaded on to a strip of sinew and the rough edges chipped off with a horn. Soft bark fibre is next twisted between the beads, making the chain very taut, and the edges are finally rubbed smooth with a soft stone. The beads thus made are used as single chains or worked into more complicated ornaments. Bands of them are worn on the hair, sometimes encircling the whole head, more often tied to the hair on either side, while a long narrow strip may hang down the forehead or on to the neck behind. Necklaces and bracelets of these beads are also seen, and very long chains are fastened three or four times round the waist (Plate XI).

Besides these beads any other ornaments obtainable are worn by the women. These include arm and leg bands made of leather and bark strips or twisted from the tail hairs of a wildebeest or gnu, as

2: Schapera E-4, 5 (no date)1930
FX13 Hottentot
Bushmen FX10

They are usually directed towards some physical peculiarity, for example, *Eibarab*, the lad with the long face, and *Amgoseb*, the one with the pointed lips. They are often retained throughout life."

Children are nursed by their mothers till about three or even four years old. They cannot be weaned sooner, as there is no suitable food; they begin to taste vegetable foods quite soon, but in order to satisfy their hunger must still have recourse to their mother's breast.

This prolonged weaning is responsible for the custom of infanticide found among the North-Western tribes.[1] Sexual intercourse between the parents is not discontinued until pregnancy is far advanced, and is resumed shortly after the birth. As no preventive means save abortion are known, pregnancies therefore follow in rapid succession during the course of married life, and it often happens that another child, or even two, may be born while the first is still at the breast. In such a case the new child is, as the natives euphemistically put it, "thrown away." Care is taken that the birth takes place in the bush far away from home, and an attempt is made to force it on by massage. But whether alive or stillborn, the infant is buried in the nearest burrow or in a hole in the ground made for the purpose by the old woman who helps the mother.

This practice is generally carried out against the husband's wishes, but the women are adamant in their refusal to rear two children at the same time. They find it impracticable to provide for two children of different ages, both needing the shelter of their kaross, and to be carried on marches, and are determined not to have another child to rear until the first is able to do without their milk and care. In selecting which children shall live, they go merely by the convenient time, not by the health of the infant; several people have physical defects dating from birth, good evidence that deformed children are not necessarily done away with. It follows that only every second or third child is usually weaned, the one or two born in the interval being killed without exception. This practice is not heard of among the Southern or the Namib Bushmen.

In consequence of this custom, as well as of the high infant mortality caused by the natural hardships and strenuous conditions of Bushman life, relatively few children survive, and the families are therefore small. On the average women do not rear more than two or three children, although among the Naron Miss Bleek found one or two

[1] Passarge, op. cit., 99; Kaufmann, op. cit., 136; D. F. Bleek, *Naron*, 31–2; Fourie, "Bushmen of S.W. Africa," 94.